

## Cardiff North Dementia Friendly Community Action Plan

Priority	Actions	Lead	Measure	Review Date
<p>Help address the issues of Dementia within the Cardiff North area</p> <p>Ensure the right local <b>STRUCTURE</b> is in place to maintain a sustainable dementia friendly community.</p>	<ul style="list-style-type: none"> <li>Establish the number of people in the area with dementia</li> <li>Create a specific Cardiff North subgroup. Membership to include: Local Authority, Public Health Wales, Local Health Board, Public Services, Third Sector, 50+ Forums, Community Representation, People With Dementia, Carers and Private Businesses.</li> <li>Identify potential Dementia Friends Champions in Neighbourhood Partnership area and train them (via Alzheimer's Society) to deliver Dementia Friends awareness sessions.</li> </ul>	<p>Public Health Wales</p> <p>Neighbourhood Partnership Officer</p>	<p>Approx. number of people identified</p> <p>Sub-group established with relevant partners</p> <p>Number of Dementia Friends in Cardiff North trained</p>	<p><b>30th March 2016</b></p>
<p>Identify leads-<b>CHAMPIONS</b> - to take responsibility for driving forward the work to support your community to become dementia friendly</p>	<ul style="list-style-type: none"> <li>Identify Dementia advocates within communities and organisations who will advocate for dementia work going forward and be the link for the Cardiff North. Dementia Friendly Communities to progress actions.</li> <li>Identify Lead and Chair of Cardiff North Sub-group who will also regularly attend the Cardiff and Vale overarching Dementia Friendly Communities steering group</li> </ul>	<p>Sub-group/Alzheimer's Society</p> <p>Sub-group</p>	<p>Champion identified</p> <p>Lead/Chair identified</p>	<p><b>30th March 2016</b></p>

<p>Have a plan to raise <b>AWARENESS</b> about dementia in key organisations and businesses within the community that support people with dementia To ensure a better understanding of dementia and an appreciation of the condition.</p>	<ul style="list-style-type: none"> <li>• Circulate information on Dementia, Dementia Friendly activities and training sessions to Cardiff ... network on a regular basis</li> <li>• Use existing mechanisms e.g. Local Authority Newsletters, websites, third sector communication channels to share information around Dementia, Dementia Friendly activities and training sessions</li> <li>• Promote related support days/events etc including Dementia Awareness Week, World Alzheimer's Month</li> <li>• Roll out of Dementia Friends Awareness sessions to key target partners</li> </ul>	<p>Neighbourhood Partnership Officer/Subgroup/Public Health Wales</p>	<p>Partners report increased awareness of Dementia and Dementia Friendly Activities</p> <p>Number of Dementia Friends Awareness Sessions held.</p>	<p><b>30<sup>th</sup> March 2016</b></p>
<p>Develop a <b>STRONG VOICE</b> for people with dementia living in your communities. This will give your plan credibility and will make sure it focuses on areas people with dementia feel are most important</p>	<ul style="list-style-type: none"> <li>• Ensure existing carer's forums are linked to Dementia Friendly Community through representative on sub group</li> <li>• Engage people with dementia and carers living in the community to analyse and highlight the key issues that need addressing</li> </ul>	<p>Neighbourhood Partnership Officer/Subgroup/Public Health Wales/ Local Authority Equalities Officer</p>	<p>Partners report people with Dementia and carers feel engaged and represented.</p>	<p><b>30<sup>th</sup> March 2016</b></p>
<p>Focus your plans on a number of key areas that have been identified locally</p>	<ul style="list-style-type: none"> <li>• Regular items and updates on 50+ Forums and relevant Partnership forums/meetings</li> <li>• Ensure plans are aligned to Cardiff and Vale UHB 3 Year Dementia Plan</li> <li>• Ensure plans are aligned to the principles identified in Ageing Well in Wales</li> </ul>	<p>Neighbourhood Partnership Officer/Subgroup/Public Health Wales/ Local Authority Equalities Officer</p>	<p>Plans are aligned and relevant forums/meetings feel they are kept up to date</p>	<p><b>30<sup>th</sup> March 2016</b></p>

	<ul style="list-style-type: none"> <li>• Work to identify future priorities, targets and potential issues</li> </ul>			
<p>Have in place a plan or system to <b>UPDATE THE PROGRESS</b> of your community after six months and one year.</p> <p>To participate in the recognition process you will need to set out how you intend to report on progress towards becoming dementia friendly at the six-month stage and self-assess on an annual basis.</p>	<ul style="list-style-type: none"> <li>• Liaise with Alzheimer’s Society Dementia Friends Regional Support Officer to monitor numbers of Dementia Friends and Dementia Friend Champions in Cardiff North</li> <li>• Share “Best Practise” between the Neighbourhood Partnership Area sub-groups</li> <li>• Circulate relevant Dementia Friends /Alzheimer’s Society surveys and research projects to appropriate groups across Cardiff North.</li> <li>• Coordinate and provide regular updates with all partners to Alzheimer’s Society when actions have been achieved, in order to demonstrate relevant progress against the action plan.</li> </ul>	Neighbourhood Partnership Officer/Subgroup	Progress is monitored and updated	<b>30<sup>th</sup> March 2016</b>